'Tis the season for caterpillars and monarch butterflies at the MU Children's Learning Garden! Our classrooms have all been enjoying observing these fascinating creatures in addition to their other garden experiences.

- **Yellow** Door children had fun harvesting from the garden. Purple beans, yellow beans, and herbs were key ingredients in their vegetable stew they made from scratch! That garden activity began with harvesting, mixed in some math, and ended with a yummy snack of stew!
- **Blue** Door was excited to observe the caterpillars and monarch butterflies around the milkweed growing in the pollinator garden. They brought some inside to observe and feed. So many fun discoveries!
- **Red** Door has also enjoyed the current season of caterpillars and butterflies. The children have been using their investigative skills to find caterpillars. They were fascinated as they observed the transformation process from caterpillar to chrysalis.
- **Green** Door has really enjoyed taste-testing raspberries, purple pole beans, yellow pole beans, and multiple varieties of tomatoes. Green Door has also helped identify caterpillars and monarch butterflies.

**People's Garden Lessons with Jim**

Our classrooms visit the People's Garden (next door to our Learning Garden), sponsored by the USDA, once per week and visit with Mr. Jim. Jim Elder has been a long-time partner and supporter of all things garden-related. He teaches our classrooms about planting, growing, harvesting, and maintaining garden spaces. Ask your teacher about their garden day to learn more!

**Grow with us in the Garden!**

Snap a selfie with you and your child exploring the garden space and email it to us! We will add it to our garden map to see where all our families have been in the garden space!

Email Danielle at: dngdk4@missouri.edu

or simply email it to your classroom.
Service Learning = Gardening + CDL Families

A new semester has brought new opportunity and new college students to the CDL. This semester we have Service Learning students from the Partnering with Parents and Families class whose primary work will be with our garden program. Meet our team of four below - Natalie, Jamie, Abby, and Kelly. We are excited to have them here. They will be working in the garden to help keep it beautiful but will also be focusing on family events, activities, and communication regarding the garden program. First up - the "Grow with Us" Garden bulletin board. You're invited to visit the garden, snap a photo with your child and email it to us so we can place you on the map! Visit the garden map in the main CDL hallway to see where your friends have visited, too!

Recipe from: fitering.com

Fall fresh fruit and vegetable focus:
Apples
Spinach
Tomatoes

A new recipe: Tomato, Spinach and Basil Frittata

Ingredients
- 6 eggs + 2 egg whites
- 2 large tomatoes
- 4 ounces fresh baby spinach
- 1 Tbsp fresh basil
- 1/2 c. onion
- 1/2 tsp. extra-virgin olive oil
- 1/4 tsp. sea salt
- 1/4 tsp. black pepper

(1) Preheat the oven to 400F.
(2) Mix together eggs and fold in chopped tomatoes, spinach, onion, basil, salt, and pepper.
(3) Coat an ovenproof skillet pan with olive oil and heat over medium heat.
(4) Pour in egg mixture and cook for 1 minute, as eggs just begin to set.
(5) Transfer pan into oven and bake for 4-5 minutes (until top is golden and puffy).