

Other Food Supplement Form

Food supplements may be requested from the food service provided by the Child Development Lab. Only creditable food supplements that meet the USDA-Child and Adult Care Food Program (CACFP) are available. Due to Eat Smart regulations, no outside food may be brought to the CDL unless there are medical reasons and the CDL is unable to provide an appropriate substitute.

I, parent/guardian of _____

agree that the Child Development Lab (CDL) may provide any creditable CACFP supplement(s) that I and the CDL agree upon for any dietary issues and concerns other than medical.

Items to be substituted: _____

(Check all that apply)

Soymilk for Dairy

Almond Milk for Dairy

Vegetable for vegetable

Fruit for fruit

Grain for grain

Check meat/meat alternative that can be served to your child

Turkey

Vegetarian Burger

Grilled Cheese

Black Beans and Rice

Cheese slices

Cottage cheese

Yogurt

Parent Comments:

Parent/Guardian signature

Date

Reference: MDHSS CACFP Chapter 7, Section 7.5, Issued 3/91, Revised 3/05 – Substitutions

Variations made due to ethnic, religious, economic, or physical needs may be made on an experimental or on a continuing basis with approval from the Food and Nutrition Service (FNS). A child care institution may request FNS approval by submitting a letter to the Missouri Department of Health and Senior Services – Community Food and Nutrition Assistance (MDHSS-CFNA) stating the substitutions to be made and the reasons for their necessity.