Other Food Supplement Form

Food supplements may be requested from the food service provided by the Child Development Lab. Only creditable food supplements that meet the USDA-Child and Adult Care Food Program (CACFP) are available. Due to Eat Smart regulations, no outside food may be brought to the CDL unless there are medical reasons and the CDL is unable to provide an appropriate substitute.

I, parent/guardian of _____________________________________________________________

☐ agree that the Child Development Lab (CDL) may provide any creditable CACFP supplement(s) that I and the CDL agree upon for any dietary issues and concerns other than medical.

☐ Items to be substituted: __________________________________________________________

(Check all that apply)

☐ Soymilk for Dairy
☐ Almond Milk for Dairy
☐ Vegetable for vegetable
☐ Fruit for fruit
☐ Grain for grain

☐ Check meat/meat alternative that can be served to your child

☐ Turkey
☐ Vegetarian Burger
☐ Grilled Cheese
☐ Black Beans and Rice
☐ Cheese slices
☐ Cottage cheese

☐ Yogurt

Parent Comments:

________________________________________________________________________

Parent/Guardian signature __________________________ Date

Reference: MDHSS CACFP Chapter 7, Section 7.5, Issued 3/91, Revised 3/05 – Substitutions
Variations made due to ethnic, religious, economic, or physical needs may be made on an experimental or on a continuing basis with approval from the Food and Nutrition Service (FNS). A child care institution may request FNS approval by submitting a letter to the Missouri Department of Health and Senior Services – Community Food and Nutrition Assistance (MDHSS-CFNA) stating the substitutions to be made and the reasons for their necessity.